

FINISHING CIRCUIT

DRILL 3

The forward has to dribble towards
And through the mannequins
In order to shoot
At goal



DRILL 2

The midfielder
Passes the ball
into the forward.
The forward has
to turn with one
touch and then
Shoot at goal

Rotation of players

Midfielders move to
The forwards position.

After shooting,
Forwards must collect
their ball and move
to the next drill

DRILL 1

The forward has freedom of movement
The midfielder must dribble towards the attacker at match speed
The forward must make a run and receive a through pass in order to shoot at goal

Encourage the players
To play at a realistic
Pace and to be ruthless
When shooting at goal

Who can score a
Hat-trick?